

# Rough Sleeping Advice Pack



# People rough sleeping

Rough sleeping is the most visible form of homelessness. There are many reasons why someone may be sleeping rough. These include mental health issues, drug or alcohol dependency and economic difficulties. A disproportionate number of people sleeping rough have also been in care or in prison. The reality and effects rough sleeping has on an individual are dangerous and seriously detrimental.

If you know of or are a person rough sleeping there are many services in Luton that can provide support including those delivered by charities, voluntary organisations and faith groups.

## NOAH Enterprise

NOAH is a Luton based charity working across Bedfordshire offering hope and support to people struggling against homelessness and exclusion. NOAH works with the whole person to find permanent and individually tailored pathways out of homelessness and destitution.

**If you, a friend, a neighbour or a relative is experiencing homelessness, extreme hardship or exclusion, NOAH offers a range of services:**

**Luton Welfare Centre – Day Care and Outreach Services**

**Tel: 01582 728416**

**Address: 141 Park Street, Luton LU1 3HG**

Open 365 days a year between 9am and 4pm weekdays and 10am to 2pm on weekends.

The Welfare Centre provides a dining room serving quality hot food, showers and laundry services, clothing, a GP or nurse surgery twice a week, a mobile dentistry fortnightly, table tennis club, computer access, English language classes, accommodation search, links to specialist agencies e.g. addiction counselling.

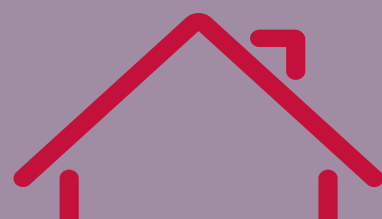
**During periods of severe cold weather NOAH provides emergency temporary accommodation for people rough sleeping. To access this please visit the NOAH Day Centre.**

## Street Link

Street Link is a website service for England and Wales, which enables members of the public to send an alert to local outreach teams when they see someone sleeping rough.

**If you see a member of the public sleeping rough in Luton, especially in cold and freezing conditions, you can refer them to Street Link. This can be done via their website, [thestreetlink.org.uk](http://thestreetlink.org.uk).**

**The aim is to help the local authorities and outreach services find the individual and connect them to support. If you are concerned about a person under 18, please inform the Police.**



## Keystage Housing

Keystage Housing create housing opportunities that provide safe, supportive environments that empowers people to achieve their potential. **Keystage offer a range of accommodation and support services including short term assessment accommodation for people who are rough sleeping.**

**Tel: 0330 094 5954**

Alternatively, you can request support via [keystagehousing.co.uk/make-a-referral](https://keystagehousing.co.uk/make-a-referral)

## Signposts

For over 40 years Signposts has been supporting people in Luton and Dunstable who are homeless with the aim of ensuring that they reach their full potential.

**If you are a person sleeping rough or are concerned you might be made homeless you can contact Signposts on the below number for assistance with temporary supported housing.**

**Tel: 01582 722629** (press 1 for advice and admissions)

Alternatively, you can apply for temporary supported housing with Signposts by filling out [this form](#).

## Dogs Trust Hope Project

The Dogs Trust Hope Project veterinary scheme provides free veterinary treatment to dogs whose owners are experiencing homelessness or are in housing crisis.

The Dogs Trust Hope Project is open from 9am to 5pm Monday to Friday. **Services are via appointment only so please call to book.**

**Tel: 020 7833 7611**

## Luton Food Bank

Luton Food Bank provides food, advice and recipes to those in need.

To receive food, you will either need to email or call the below Monday to Friday 8.30am to 4pm. An advisor will assess your situation and arrange for food parcels if appropriate. They can also signpost you to other services for advice on debt, housing and benefits.

**Tel: 01582 725838**

**Email: [info@lutonfoodbank.org.uk](mailto:info@lutonfoodbank.org.uk)**

## Food First Luton

Supported by Luton Borough Council and community partners Food First Luton's helpful map provides an overview of where individuals in need can receive food and access warm spaces across Luton.

**Website: [map.foodfirstluton.co.uk/map](https://map.foodfirstluton.co.uk/map)**



## Further useful links

- [Homelessness advice on the Luton Directory](#)
- [Penrose](#) - advice on homelessness, mental health issues and more
- [Noah Enterprise](#) - support for people struggling against homelessness and exclusion
- [Severe weather shelter](#) - Noah provides an emergency night shelter in winter
- [Keystage Housing](#) - providing a range of accommodation and support for people rough sleeping and at risk of rough sleeping
- [Signposts](#) - providing residential and supporting services if you're unable to find suitable accommodation
- [Mary Seacole Housing Association](#) - supported accommodation to single homeless people in Luton
- [IMPAKT Housing & Support](#) - providing a safe and aspirational place for people to live, and the skills and support for long term independent living
- [Squared](#) - empowering you to make the right decisions for you and provide a safe, secure place to live with the support of friendly, non-judgmental team members
- [Greenbridge Housing](#) - providing safe, secure accommodation and tailored support programmes that address both immediate and long-term needs
- [Luton Foodbank](#) - eradicating food poverty in Luton
- [Food First Luton](#) - an online tool mapping where individuals in need can receive food and access warm spaces across Luton
- [Budgeting loan](#) - GOV.UK
- [Luton, supporting you](#) - We want to make sure that you get the help and support available to you during the current cost of living crisis
- [Benefits calculators](#) - these can be accessed via [TURN2US](#), [Entitled To](#) and [Policy in Practise](#)